A comprehensive eye health exam can detect a number of eye diseases, as well as signs of systemic conditions such as diabetes, thyroid disease, high blood pressure and neurological impairments. An eye exam takes roughly an hour and consists of a variety of checkups which include a health review, a visual acuity test, refraction test, visual field test, glaucoma test, slit-lamp evaluation and dilation. All your veins and arteries end in your eyes, making an eye exam vital to overall health. If you are experiencing difficulty reading, blurry vision, seeing rings around lights or seeing dark spots, it’s time for an eye exam.

YOUR EYE EXAM
ACCESSIBLE. EASY. IMPACTFUL.
PROTECT YOURSELF & TAKE CONTROL

Early diagnosis and aggressive treatment are essential in combating diabetic retinopathy and diabetes in general.

The risk of blindness can be reduced by **90%** with timely treatment and follow-up care.

If you have diabetes, you can reduce eye problems by controlling your blood sugar and blood pressure levels. You should also act preventively and schedule regular comprehensive eye exams. This could help maintain and save your eye health, as well as cut costs for unnecessary medical expenses. Ensure you are making the best investment in your health by scheduling regular eye examinations.

Over 29 million Americans have diabetes* and are at risk of developing diabetic retinopathy, which swells and blocks blood vessels in your eyes. This potentially blinding disease can develop without any symptoms, so be sure to schedule your annual eye exam.

**75%**
75% of the American population needs some form of vision correction as adults.

**90%**
90% of computer and device users experience visual issues or Computer Vision Syndrome (CVS).²

**80%**
80% of what a child learns is visual. Impaired vision can impact schoolwork, behavior, sports and overall development.³

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*Sources: American Optometric Association, American Academy of Ophthalmology, American Diabetes Association, U.S. Centers for Disease Control & Prevention, Prevent Blindness America, National Eye Institute

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DON’T LOSE SIGHT OF DIABETES

IF CURRENT TRENDS CONTINUE, AS MANY AS 1 IN 3 AMERICAN ADULTS WILL HAVE DIABETES IN 2050.*


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NORMAL VISUAL FIELD

WITH Diabetic Retinopathy

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ENVISION A BETTER TOMORROW

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