Your HSBP Benefits-At-A-Glance:
Northern California Hospitals
Welcome to the House Staff Benefits Plan (HSBP)!

The HSBP Trustees understand how important it is for you to have additional benefits coverage.

Once you enroll, you are eligible for Quality Improvement (QI) and Patient Safety Education and Training Scholarships, and Short-Term and Long-Term Disability. We hope this gives you peace of mind as you focus on caring for your patients.

We believe you’ll find this Benefits-At-A-Glance useful. You can also learn more about your benefits at our website (cirseiu.org/benefits and click on your hospital’s name), or by emailing the Benefits Plan Office at benefits@cirseiu.org, or by calling (212) 356-8180. For a complete description of your benefits and your rights, please read the Summary Plan Description (SPD) — also located on the CIR website under “Benefits” — which also serves as the Plan Document.

With best wishes for a successful and fulfilling medical career,
Your HSBP Trustees

QI/Patient Safety Educational Benefits

HSBP is committed to offering residents additional education and training to help you deliver safe, efficient, and effective care to your patients.

QI/Training Scholarships:
- HSBP will be providing scholarships for eligible covered residents to attend one approved QI/Patient Safety Education and Training program available in the U.S. Participants will be eligible to receive a scholarship of up to $3,000 per residency year to cover expenses related to registration, travel and tuition.
- Covered residents accessing this benefit are responsible for receiving time off (vacation or education leave time) to attend or participate in these educational opportunities.

Disability Benefits

For purposes of our disability benefits, “disabled” means you can no longer perform the duties of your occupation due to accidental bodily injury, sickness, or a related medical condition, including pregnancy or childbirth. You must also be under the care of a licensed provider as defined by the state in which you work.

Short-Term Disability (STD)
- Coverage begins on the sixtieth (60th) day of your disability. The maximum benefit payable is 70% of your weekly salary, up to $875 per week, for up to 26 weeks.
- For complete guidelines, refer to your Summary Plan Description booklet.
- If you are going out on a disability leave, contact your employer as soon as possible.

Long-Term Disability (LTD)
- The LTD plan pays you 70% of your monthly salary, up to a maximum of $3,500 per month.
- LTD benefits typically start if you are still disabled after 26 continuous weeks.
- When you terminate employment, you will have the option to convert this benefit to an individual policy, subject to certain conditions.

The House Staff Benefits Plan staff can help with questions about your benefits.
Contact the HSBP office:
10-27 46th Avenue, Suite 300-2
Long Island City, NY 11101
Phone: (212) 356-8180
Fax: (212) 356-8181
Days/Hours: M–F, 9 a.m. to 5 p.m. ET
Email: benefits@cirseiu.org

This brochure describes your benefits provided through the House Staff Benefits Plan (HSBP) as of July 1, 2019. The only authorized information concerning your benefits is in writing from the HSBP Trustees acting in their official capacity and whose sole decision regarding benefits is final. The Trustees reserve the right to change or discontinue the eligibility rules and the type and amounts of benefits under this Plan at any time. Please read the Summary Plan Description (SPD)/Plan Document.