



# VOLUNTARY HOSPITALS HOUSE STAFF BENEFITS PLAN

***Expecting? Empire BCBS provides a program built to help!***

**Future Moms Includes: Telephone, virtual, and digital support tools.**

**Get Extra Support and Earn up to \$500 from the CIR Benefit Fund.**

Future Moms is a program for expectant mothers available through your Empire BCBS health plan.

## **Opportunity 1- Enroll in the program:**

- Call 1-800-828-5891
- Enroll in the program
- Receive Prenatal Kit as Welcome letter
- Complete the telephonic Future Moms assessment with a registered nurse by 183 days before your due date.
- Eligible for a \$250 Visa Gift Card

## **Opportunity 2- Complete the program:**

- Complete the interim assessment via telephone at least one day before your due date with the future moms' nurse.
- Then complete the program by participating in a post-partum assessment via telephone with the future moms' nurse within 53 days post-delivery
- Receive Congratulations letter in case closure
- Eligible for a \$250 Visa Gift Card

Please note that once you have completed these steps you must wait for the CIR Benefits Office to contact you via email to confirm your address. Confirmation is done quarterly. For example, if you completed any one or all three of the steps in the months of January, February and March, the quarterly list will become available in the beginning of April.

Please click [here](#) for information about the Future Moms Program.

Sincerely,

CIR Benefit Funds Office

10-27 46<sup>th</sup> Avenue, Suite 300-2, Long Island City, NY 11101

Phone: (212) 356-8180

Fax: (212) 356-8181

[benefits@cirbenefitfunds.org](mailto:benefits@cirbenefitfunds.org)

<http://www.cirseiu.org>