

Your VHHSBP Benefits-At-A-Glance:

Boston Medical Center



Welcome to the Voluntary Hospitals House Staff Benefits Plan (VHHSBP)!

The VHHSBP Trustees understand how important it is for you to have additional healthcare coverage.

Once you enroll, you are eligible for Quality Improvement Patient Safety Education and Training Scholarships and Short-Term & Long-Term Disability. We hope this gives you peace of mind as you focus on caring for your patients.

We believe you'll find this Benefits-At-A-Glance useful, as it describes your benefits provided through the House Staff Benefits Plan (HSBP) for you and your covered dependents as of July 1. The only authorized information concerning your benefits is in writing from the Board of Trustees acting in their official capacity and whose sole decision regarding benefits is final. The trustees reserve the right to change or discontinue the eligibility rules and the type and amounts of benefits under this Plan at any time. You can also learn more by:

- Visiting our website (cirseiu.org/benefits and click on your hospital's name)
- Emailing the Benefits Plan office at benefits@cirbenefitfunds.org
- Calling the Fund Office (212) 356-8180

For a complete description of your benefits and your rights, please read the Summary Plan Description (SPD) — also located on the CIR website under “Benefits” — which serves as the Plan Document.

**With best wishes for a successful and fulfilling medical career,
Your VHHSBP Trustees**

QI/Patient Safety Educational Benefits

VHHSBP is committed to offering residents additional education and training to help you deliver safe, efficient and effective care to your patients.

- **VHHSBP QI/Training Scholarships:**
 - Provides scholarships for eligible covered residents to attend one approved QI/Patient Safety Education and Training program available in the U.S. Participants will be eligible to receive a scholarship of up to \$3,000 per residency year to cover expenses related to registration, travel, and tuition.
 - Covered residents accessing this benefit are responsible for securing time off (vacation or education leave time) to attend or participate in these educational opportunities.

Disability Benefits

For purposes of our disability benefits, “disabled” means you can no longer perform the duties of your occupation due to accidental bodily injury, sickness, or a related medical condition, including pregnancy or childbirth. You must also be under the care of a licensed provider as defined by the state in which you work.

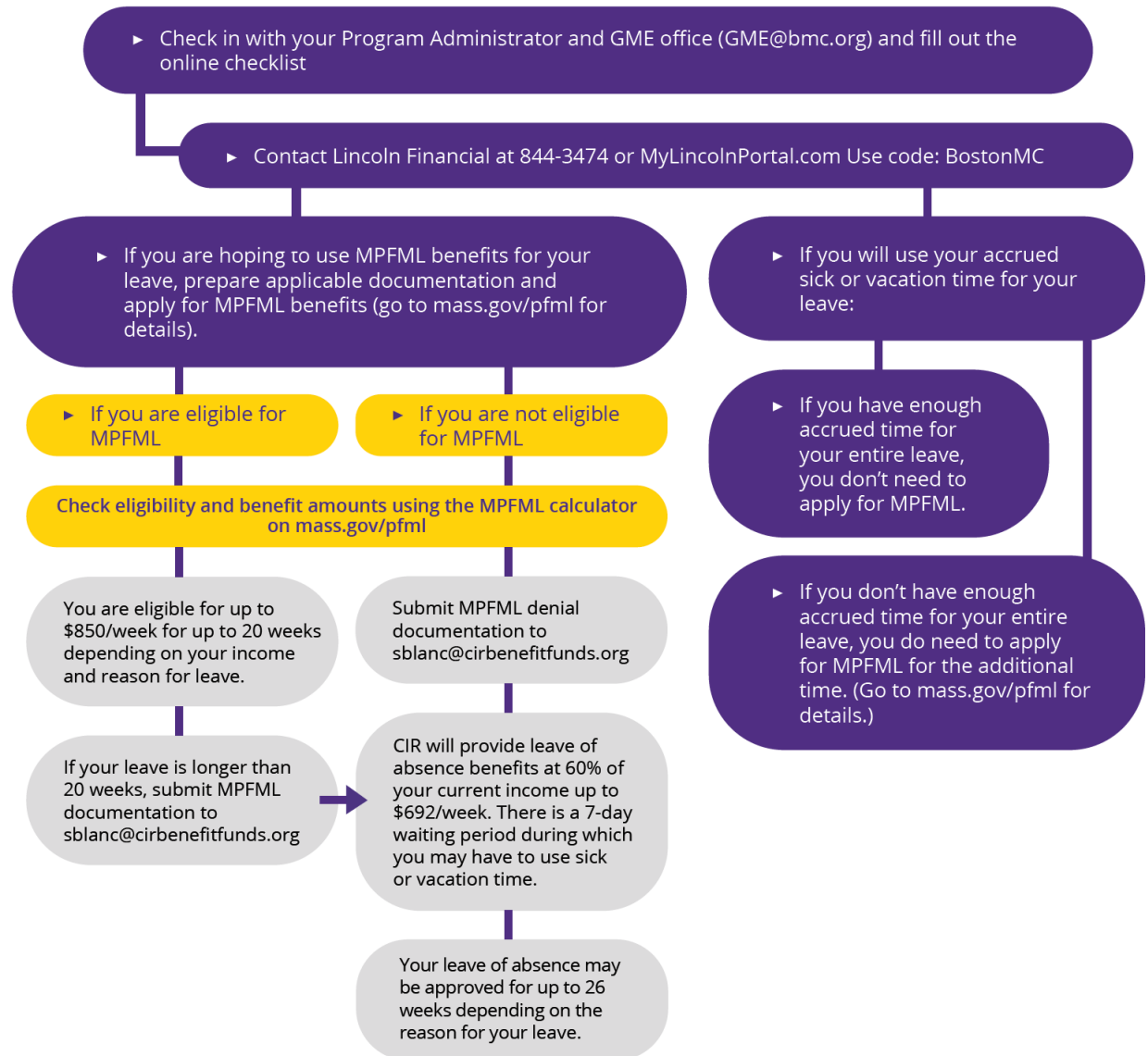
- **Short-Term Disability (STD):**
 - Coverage begins on the eighth (8th) day of your disability. The maximum benefit payable is 60% of your weekly salary, up to \$692 per week, for up to 26 weeks.
 - For complete guidelines, refer to your Summary Plan Description booklet.
 - If you are going out on a disability leave, contact your employer as soon as possible.
- **Long-Term Disability (LTD):**
 - The LTD plan pays you 60% of your monthly salary, up to a maximum of \$3,500 per month, in the event of a disability.
 - LTD benefits typically start if you are still disabled after 26 continuous weeks.
 - During your training and upon termination of employment, you have the option to obtain a guaranteed individual policy, subject to certain conditions.

Visit mass.gov/PFML for more information

Boston Medical Center

For House Officers at Boston Medical Center taking a leave of absence.

You will have a 7-day waiting period in which you may have to use sick or vacation time.



**We are here
to support you
in managing
life's challenges.**

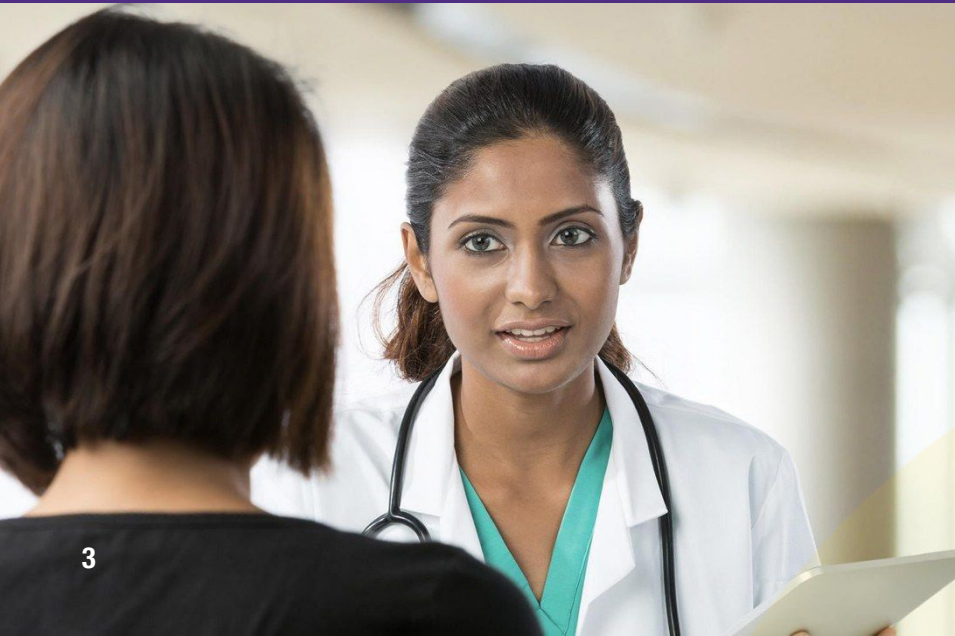
WorkLifeMatters is a free confidential employee assistance program provided through Guardian and Uprise Health (f.k.a. Integrated Behavioral Health).

Employee Assistance Program (EAP)



Counselors are available 24/7 and are just a phone call away. WorkLifeMatters offers help to assist you with family and personal issues you might be facing or questions you might have.

- Anxiety
- Dependent Care & Caregiving
- Depression
- Drug & Alcohol Dependency
- Education
- Grief Assistance
- Legal & Financial
- Lifestyle & Fitness Management
- Parenting
- Pet Care
- Work Issues
- And More



Contact Information

For questions on benefits coverage, please see the information below:

BENEFIT	ADMINISTRATOR	CONTACT INFORMATION	
Employee Assistance Program (EAP)	Guardian	Phone:	(800) 386-7055
	Integrated Behavioral Health (IBH)	Days/Hours:	Monday-Friday, 9:00 am - 8:00 pm EST Emergency Access 24/7
		Website:	www.ibhworklife.com Username: Matters Password: wlm70101
Short-Term Disability	VHHSBP Fund Office	Phone:	(212) 356-8180
Long-Term Disability		Days/Hours:	Monday-Friday, 9:00 am - 5:00 pm EST
		Email:	benefits@cirbenefitfunds.org
		Website:	www.cirseiu.org/benefits

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**The Voluntary Hospitals House Staff Benefits Plan
staff can help with questions about your benefits.
For questions contact the VHHSBP Fund Office:**



10-27 46th Avenue, Suite 300-2
Long Island City, NY 11101
Phone: [\(212\) 356-8180](tel:2123568180)
Monday - Friday 9:00 am - 5:00 pm
EST Fax: (212) 356-8181
Email: benefits@cirbenefitfunds.org

