

# Your VHHSBP Benefits-At-A-Glance: Boston Medical Center



# Welcome to the Voluntary Hospitals House Staff Benefits Plan (VHHSBP)!

The VHHSBP Trustees understand how important it is for you to have additional healthcare coverage.

Once you enroll, you are eligible for Quality Improvement Patient Safety Education and Training Scholarships and Short-Term & Long-Term Disability. We hope this gives you peace of mind as you focus on caring for your patients.

We believe you'll find this Benefits-At-A-Glance useful, as it describes your benefits provided through the Voluntary Hospitals House Staff Benefits Plan (VHHSBP) for you and your covered dependents as of July 1. The only authorized information concerning your benefits is in writing from the Board of Trustees acting in their official capacity and whose sole decision regarding benefits is final. The trustees reserve the right to change or discontinue the eligibility rules and the type and amounts of benefits under this Plan at any time. You can also learn more by:

- Visiting our website ([cirseiu.org/benefits](http://cirseiu.org/benefits) and click on your hospital's name)
- Emailing the Benefits Plan office at [benefits@cirseiu.org](mailto:benefits@cirseiu.org)
- Calling the Fund Office (212) 356-8180

For a complete description of your benefits and your rights, please read the Summary Plan Description (SPD) — also located on the CIR website under “Benefits” — which serves as the Plan Document.

**With best wishes for a successful and fulfilling medical career,  
Your VHHSBP Trustees**

## QI/Patient Safety Educational Benefits

VHHSBP is committed to offering residents additional education and training to help you deliver safe, efficient and effective care to your patients.

### ● VHHSBP QI/Training Scholarships:

- Provides scholarships for eligible covered residents to attend one approved QI/Patient Safety Education and Training program available in the U.S. Participants will be eligible to receive a scholarship of up to \$3,000 per residency year to cover expenses related to registration, travel, and tuition.
- Covered residents accessing this benefit are responsible for securing time off (vacation or education leave time) to attend or participate in these educational opportunities.

## Disability Benefits

For purposes of our disability benefits, “disabled” means you can no longer perform the duties of your occupation due to accidental bodily injury, sickness, or a related medical condition, including pregnancy or childbirth. You must also be under the care of a licensed provider as defined by the state in which you work.

### ● Short-Term Disability (STD):

- Coverage begins on the eighth (8th) day of your disability. The maximum benefit payable is 60% of your weekly salary, up to \$692 per week, for up to 26 weeks.
- For complete guidelines, refer to your Summary Plan Description booklet.
- If you are going out on a disability leave, contact your employer as soon as possible.

### ● Long-Term Disability (LTD):

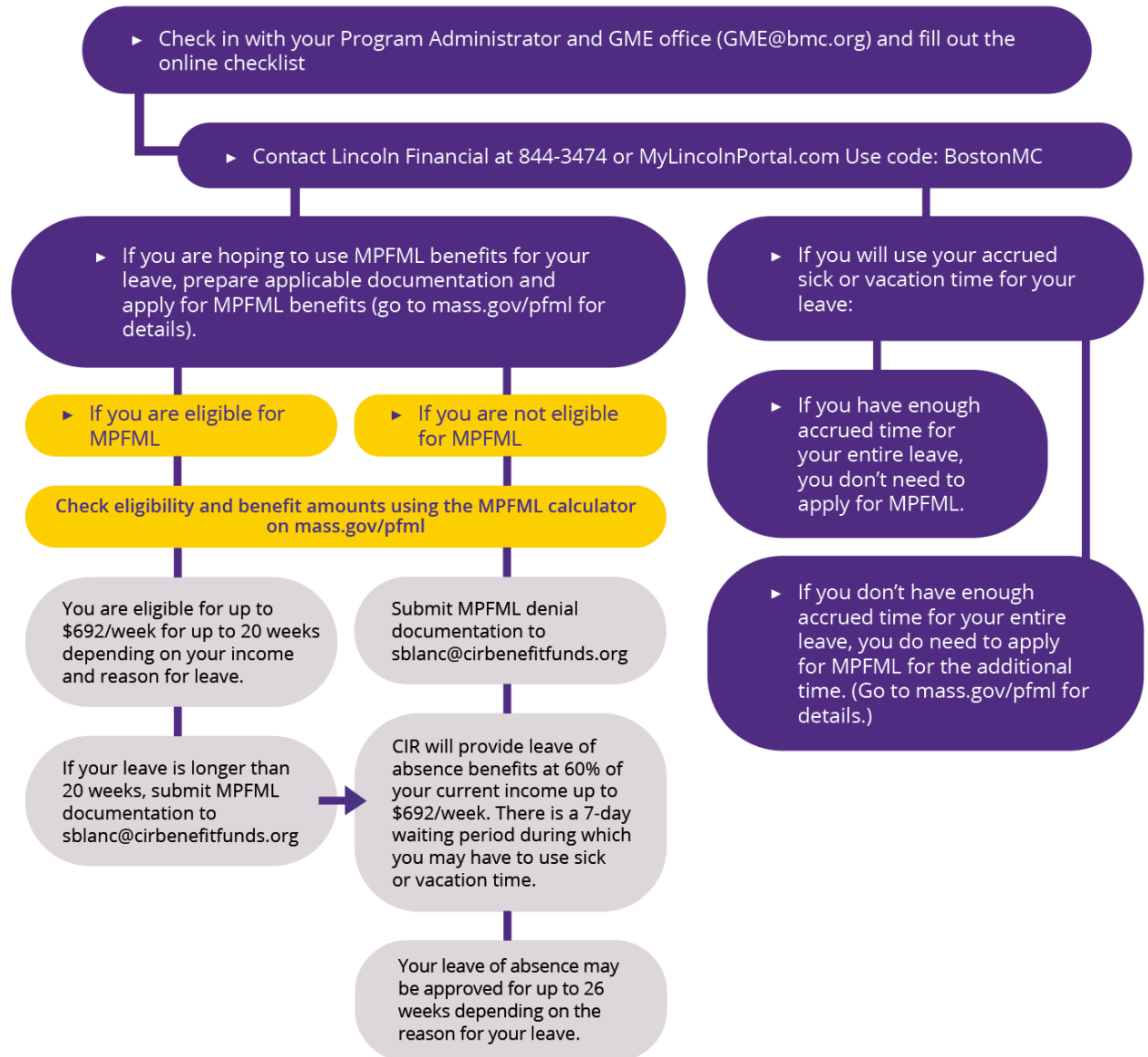
- The LTD plan pays you 60% of your monthly salary, up to a maximum of \$3,500 per month, in the event of a disability.
- LTD benefits typically start if you are still disabled after 26 continuous weeks.
- During your training and upon termination of employment, you have the option to obtain a guaranteed individual policy, subject to certain conditions.

Visit [mass.gov/PFML](https://mass.gov/PFML) for more information

## Boston Medical Center

For House Officers at Boston Medical Center taking a leave of absence.

You will have a 7-day waiting period in which you may have to use sick or vacation time.





# Contact Information

For questions on benefits coverage, please see the information below:

BENEFIT	ADMINISTRATOR	CONTACT INFORMATION	
Employee Assistance Program (EAP)	ComPsych® GuidanceResources®	Phone:	(855) 239-0743
		Days/Hours:	24/7 Live Assistance
		Organization Web ID:	Guardian
		Website:	<a href="http://www.guidanceresources.com">www.guidanceresources.com</a>
Short-Term Disability Long-Term Disability	VHHSBP Fund Office	Phone:	(212) 356-8180
		Days/Hours:	Monday-Friday, 9:00 am - 5:00 pm EST
		Email:	<a href="mailto:benefits@cirbenefitfunds.org">benefits@cirbenefitfunds.org</a>
		Website:	<a href="http://www.cirseiu.org/benefits">www.cirseiu.org/benefits</a>

This Benefits-At-A-Glance describes your benefits provided through the Voluntary Hospitals House Staff Benefits Plan (VHHSBP) as of July 1. The only authorized information concerning your benefits is in writing from the VHHSBP Trustees acting in their official capacity and whose sole decision regarding benefits is final. The Trustees reserve the right to change or discontinue the eligibility rules and the type and amounts of benefits under this Plan at any time. Please read the Summary Plan Description (SPD)/Plan Document for more information.

The Voluntary Hospitals House Staff Benefits Plan  
staff can help with questions about your benefits.  
For questions contact the VHHSBP Fund Office:



10-27 46th Avenue, Suite 300-2  
Long Island City, NY 11101  
Phone: (212) 356-8180  
Monday - Friday 9:00 am - 5:00 pm  
EST Fax: (212) 356-8181  
Email: [benefits@cirseiu.org](mailto:benefits@cirseiu.org)

